

Ski Nova Scotia 2021/2022 Annual General Meeting & Awards September 28th, 2022





Ski Nova Scotia 2021/2022 AGM - Agenda

- 1. Welcome!
- 2. Approval of 2020/2021 Ski Nova Scotia AGM Meeting Minutes
- 3. Ski Nova Scotia President's Report
- 4. Ski Nova Scotia Executive Director's Report
- 5. Ski Nova Scotia Treasurer's Report
 - 5.1 2021-2022 Annual Financial Statements
 - 5.2 2022-2023 Budget
- 6. Reports
 - 6.1 Wentworth Ski Race Club Report
 - 6.2 Ben Eoin Ski Team
 - 6.3 High Performance Report
 - 6.4 Coaching Report
 - 6.5 CADS-NS Report
- 7. New Business
 - 7.1 Election of Slate of Officers 2022-2023
- 8. Ski Nova Scotia Awards Presentation

Ski NS 2020/2021 AGM Meeting Minutes

- 1. Welcome!
- 2. Approval of 2019/2020 Ski Nova Scotia AGM Meeting Minutes
- Motion to approve made by Todd, seconded by John. Carried
- 3. Ski Nova Scotia President's Report
- President's report captured a productive season despite COVID-19
- 4. Ski Nova Scotia Executive Director's Report
- Andrew provided a general review of Covid-19 season. Membership continues to grow at a healthy rate
- 5. Ski Nova Scotia Treasurer's Report
 5.1 2020-2021 Annual Financial Statements
 5.2 2021-2022 Budget
- Tim Hilton provided a financial overview with statements produced by Sport Nova Scotia Financial Department. Ski NS is in a stable financial position.

6. Reports

- 6.1 Wentworth Ski Race Club Report
- 6.2 Ben Eoin Ski Team
- 6.3 High Performance Report
- 6.4 Coaching Report
- 6.5 CADS-NS Report
- 6.6 Equipment Report

7. New Business

- 7.1 Ski Nova Scotia By-Laws Update
- John Boudreau reviewed updated by-laws for membership
 - 7.2 Election of Slate of Officers 2021-2022
- Ski NS Board of Directors welcoming Mark
 Fraser for 2021/2022 Motion to approve made
 by Tim, seconded by Todd. Carried
- 8. Ski Nova Scotia Awards Presentation



Ski Nova Scotia – AGM 2022 President's Report

Members of the Ski Nova Scotia community, it is a pleasure to be reporting on a strong year despite the pandemic and the uncertainty it brought. As you will recall, the start of the 2021 - 2022 season presented significant challenges as our members continued to grapple with the grips of the COVID-19 pandemic. While the beginning of our season did not permit any racing, we feel fortunate to be one of the few sports that were able to continue with regular programming as we waited patiently for competition to resume. When the time came, our members showed their resilience – they rose to the occasion to deliver an action-packed end to the season!

To all the athletes, coaches, officials, volunteers, parents, and staff, I thank you for your hard work and patience throughout the year in the face of lockdowns and ever-changing public health requirements. You made it clear that skiing is a vital part of our well-being, and you should all be proud of the contributions you made to ensure the season was a success.

Despite the many challenges, Ski Nova Scotia has much to celebrate this year, and is well positioned for continued growth.

2022 saw the first full year of our new high-performance program led by our Technical Director, Mike Byrne. We were also delighted to welcome Joey Lynn Graham as our Director of Coaching. These initiatives represent the culmination of a lot of hard work by our board members, program co-ordinators, Mike, and Joey Lynn, and we are very proud to report early success! Both Mike and Joey Lynn provide a tremendous resource to our members, and we are pleased to confirm they will continue in their respective roles for the 22/23 season

Ski Nova Scotia conducted Level I and Level II Officials courses and hosted a total of six Entry Level coaching courses in 2022. We were also pleased to offer a professional development opportunity for coaches with a specific focus on coaching female athletes.

Some other highlights of our year include:

- Fielding a team of 10 athletes & 3 coaches for 2022 U16 Nationals, and a team of 5 athletes & 1 Coach for 2022 U14 Can Ams;
- CADS-NS being awarded an \$11,000 grant to purchase a new Sit Ski, which was featured in Sport Nova Scotia's "Sport Quarterly" publication;
- Adopting a suite of administrative and safe sport policies through consultation with the Sport & Law Group in Ontario, which will be officially rolled out in the near future;
- Completing the Sport Development Tool with Sport Nova Scotia and the Department of Communities Cultures Tourism and Heritage, which will determine our funding for the upcoming cycle from April 1, 2023 - March 31, 2025. Thanks to some of the initiatives mentioned above, we expect a favourable outcome for Ski NS when the results are released later in the fall;
- Andrew Hayes and I attended the annual summit for Alpine Canada, where we had an opportunity to engage with ACA staff, national team coaches, and leaders of our fellow PSOs;
- Through partnership with the Canadian Ski Patrol, we were successful in obtaining a \$20,000 grant to upgrade emergency response equipment at all 4 ski hills;
- Ski NS has purchased a licencing agreement with SnowReg, a sport registration platform which
 has been adopted by ACA. This program will be made available to our member clubs to assist with
 member registration.

None of what we accomplished would have been possible without the support of our board members who generously give their time to Ski Nova Scotia. I am grateful for all their hard work and dedication to our sport. I extend a special thank you on behalf of Ski Nova Scotia to our Executive Director Andrew Hayes. Andrew wears many hats for our organization, and I cannot imagine having to navigate the past year without him. To Andrew, thank you for your continued leadership and support.

Looking ahead, we aim to build upon our momentum in what is sure to be an eventful season featuring the Canada Winter Games in PEI and New Brunswick. Thanks to all for a great year, and I look forward to seeing you on the slopes again soon!

Sincerely,

ohn Boudreau

President, Ski Nova Scotia



Executive Director's Report

| Ski Nova Scotia Membership Data | | | | | | | | |
|---------------------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|--|
| 2014-2015 | 2015-2016 | 2016-2017 | 2017-2018 | 2018-2019 | 2019-2020 | 2020-2021 | 2021-2022 | |
| 294 | 307 | 302 | 316 | 358 | 345 | 361 | 391 | |



Executive Director's Report

| Funding Sources Summary - Ski Nova Scotia 2021-2022 | | | | |
|---|----------------|--|--|--|
| Funding Program | Funds Approved | | | |
| Provincial Block Funding | \$17,500.00 | | | |
| NSPPI – Nova Scotia Performance Pathway Initiative | \$2,000 | | | |
| Support 4 Sport – Participation Development Funding | \$8,000 | | | |
| PSO Employment Capacity Enhancement Program | \$5,000.00 | | | |
| Total Funding Support | \$32,500.00 | | | |



Executive Director's Report

As the Executive Director for Ski Nova Scotia, Freestyle Nova Scotia, and Snowboard Nova Scotia, I would like to thank the three organizations for their ongoing support and cooperation. This coordinated effort has maximized the resources available to our respected memberships.

Highlights from the 2021-2022 season:

- Retained Mike Byrne as Technical Director
- Hired Joey Lynn Graham as Coaching Director
- CADS-NS was awarded a \$11,000 grant to purchase a new sit ski
- Acceptance of a policy suite (14 policies) prepared by the Sport & Law Group

I would like to sincerely thank the Ski NS Board of Directors and the Nova Scotia Ski Hills including Ski Martock, Ski Wentworth, Ski Ben Eoin and Ski Cape Smokey for their ongoing support.

Respectfully,

Andrew Hayes

Executive Director - Ski Nova Scotia, CADS-NS, Freestyle NS & NS Snowboard



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Ski Nova Scotia Balance Sheet 4/30/22

ASSETS

| | CURRENT | PRIOR |
|---|--------------|--------------|
| Assets: | YEAR | YEAR |
| Bank ASNS | 122,185.82 | 130,117.35 |
| Bank CADS | 16,867.32 | 14,662.38 |
| Bank Canada Games | - | 11,784.56 |
| Bank Payroll Ski | 5,202.85 | 7,933.90 |
| Investments ASNS | 64,007.48 | 30,341.80 |
| Investments CADS | 12,192.71 | 12,144.00 |
| Prepaid Expense | 5,477.56 | 258.75 |
| Accounts Receivable Ski | 10,556.81 | 50,830.15 |
| Accounts Receivable CADS | 0.84 | - |
| Accounts Receivable Ski HP | 12,564.35 | - |
| Interfund AR ASNS | 252.99 | 46.00 |
| Interfund AR CADS | - | 131.74 |
| Interfund AR High Perf. | | 2,000.00 |
| Equipment ASNS | 176,857.65 | 176,857.65 |
| Accumulated Depreciation ASNS | (164,226.91) | (159,960.79) |
| Office Equipment ASNS | 344.99 | 344.99 |
| Accumulated Depreciation Office Equipment ASNS | (138.00) | (69.00) |
| Equipment CADS | 30,209.40 | 19,282.11 |
| Accumulated Depreciation CADS | (19,868.08) | (16,437.24) |
| Building CADS | 3,910.00 | 3,910.00 |
| Accumulated Depreciation CADS Building | (2,737.00) | (2,346.00) |
| Computer | 2,260.85 | 2,260.85 |
| Accumulated Depreciation | (2,260.85) | (2,260.85) |
| Total Assets | 273,660.78 | 281,832.35 |
| LIABILITIES AND SURPLUS | | |
| Current liabilities: | | |
| Accounts Payable Ski | 17,344.49 | 22,121.01 |
| Accounts Payable Ski HP | 1,596.00 | 600.00 |
| Payroll Deductions Payable Ski | 1,755.56 | 1,700.37 |
| Interfund AP CADS | 252.99 | 1,700.57 |
| Interfund AP ASNS | 202.00 | 2.000.00 |
| Interfund AP - High Perf. | | 177.74 |
| Deferred Revenue Ski | 2,180.00 | 4,380.00 |
| Deferred Revenue Ski HP | 2,100.00 | 3,417.92 |
| Deferred Revenue CADS | 9,260.03 | 9,260.03 |
| Deferred Capital Grant ASNS | 633.67 | 3.043.07 |
| Deferred Capital Grant CADS | 9,129.22 | 1,600.00 |
| Deferred Capital Grant CADS Building | 870.00 | 1,160.00 |
| Deferred Capital Grant Office Chair | 137.98 | 183.98 |
| RBC Visa CEBA Loan | 60,000.00 | 60,000.00 |
| Total Current Liabilities | 103,159.94 | 109,644,12 |
| Total Guilett Laurings | 100,100.04 | 100,044.12 |
| Surplus: | | |
| Surplus(Deficit) prior periods - ASNS | 144,311.71 | 112,777.00 |
| Surplus(Deficit) prior periods - CADS | 14,666.98 | 14,526.62 |
| Surplus(Deficit) prior periods - High Performance | 2,432.11 | 2,432.11 |
| Surplus(Deficit) prior period - Raffle | 4,482.93 | 4,482.93 |
| Internally Restricted Funds - CADS Rick Hansen Equipment Fund | 3,000.00 | 3,000.00 |
| Internally Restricted Funds - ASNS Equipment Fund | 5,304.50 | 13,070.00 |
| Surplus(Deficit) for period - ASNS | 6,498.61 | 21,759.21 |
| Surplus(Deficit) for period - CADS | 1,793.85 | 140.36 |
| Surplus(Deficit) for period - High Performance | (11,989.85) | |
| Total Surplus | 170,500.84 | 172,188.23 |
| | 273,660.78 | 281,832.35 |
| | | |

DISCLAIMER:

Sport Nova Scotia has prepared this draft balance sheet of Alpine Ski Nova Scotia as at April 30, 2022 and this draft statement of revenue and expenditures for the month then ended April 30, 2022 from information provided by management (the proprietor). Sport Nova Scotia has not audited, reviewed or otherwise attempted to verify the accuracy or completeness of such information. Readers are cautioned that these statements may not be appropriate for their purposes.

City: Halifax, NS

Sport Nova Scotia

Date September 20, 2022

Ski Nova Scotia Statement of Revenue and Expenditures 12 Months Ended 4/30/22

| | Current | Annual | Actual to Budget | Prior |
|---|------------|-----------|------------------|------------|
| | YTD | Budget | Variance | YTD |
| REVENUE: | | | | |
| General | | | | |
| PNS Block Funding | 17,500.00 | 17,500.00 | | 17,500.00 |
| PNS Contract Funding | 6,000.00 | 6,000.00 | - | 6,000.00 |
| Support4Sport Participation | 8,000.00 | 8,000.00 | | 8,000.00 |
| Support4Sport PSO Projects Funding | 3,000.00 | | 3,000.00 | - |
| SNS S4S PSO Project Salary Funding | 5,000.00 | 2 | 5,000.00 | 5,000.00 |
| Membership Fees | 47,606.38 | 40,000.00 | 7,606.38 | 39,784.28 |
| Coach Courses etc | 13,009.46 | 6,500.00 | 6,509.46 | 9,412.58 |
| GIC Interest | 204.89 | - | 204.89 | 321.15 |
| Federal 10% Wage Subsidy | | - | | 711.52 |
| Federal Covid Funding | | - | | 15,050.68 |
| Amortization of Deferred Capital Grant | 2,409.40 | - | 2,409.40 | 3,297.20 |
| Amortization of Deferred Capital Grant Office Chair | 46.00 | - | 46.00 | 46.00 |
| S4S PSO Project Snow Sports | 13,750.00 | - | 13,750.00 | 15,000.00 |
| Salary Contribution Partner Organizations | 28,786.76 | - | 28,786.76 | 18,323.50 |
| | 145,312.89 | 78,000.00 | 67,312.89 | 138,446.91 |
| CADS | | | | |
| Membership | 1,803.60 | - | 1,803.60 | 1,836.80 |
| GIC Interest | 49.55 | - | 49.55 | 78.12 |
| Donations | 1,500.00 | - | 1,500.00 | 1,000.00 |
| Amortization of Deferred Capital Grant Building | 290.00 | - | 290.00 | 290.00 |
| Other | | - | - | 260.00 |
| Amortization of Deferred Capital Grant | 2,882.31 | | 2,882.31 | 800.00 |
| | 6,525.46 | - | 6,525.46 | 4,264.92 |
| High Performance | | | | |
| NSO Championships | 25,564.35 | - | 25,564.35 | |
| Support4Sport High Performance/Alpine | 5,417.92 | 2,000.00 | 3,417.92 | 5,058.50 |
| Provincial/FIS Team Fees | 200.00 | | 200.00 | - 20 |
| | 31,182.27 | 2,000.00 | 29,182.27 | 5,058.50 |
| Freestyle Ski | | | | |
| | | - | | |
| Freestyle Ski High Performance | | | | |
| | | | | |
| Total Revenue | 183,020.62 | 80,000.00 | 103,020.62 | 147,770.33 |

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statements may not be appropriate for their purposes.
Can Halifax NS

Date September 20, 2022

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| UKAFI | | | | |
|---------------------------------------|------------|-----------|------------------|------------|
| | Current | Annual | Actual to Budget | Prior |
| EXPENDITURES: | YTD | Budget | Variance | YTD |
| General | | | | |
| NSO Membership | 18,862.06 | 17,461.00 | 1,401.06 | 17,962.50 |
| NSO Insurance | 5,765.37 | 6,000.00 | (234.63) | 10,131.80 |
| Coach Education Director | 2,500.00 | | 2,500.00 | |
| Coaches Courses etc | 10,981.27 | 4,500.00 | 6,481.27 | 5,537.36 |
| Officials clinics etc | 400.00 | 500.00 | (100.00) | 700.00 |
| Contracted Services CD East FSNS CADS | - | | | 113.77 |
| Salaries/Benefits/ ED Contract | 69,964,16 | 22,943.00 | 47,021.16 | 66,798,38 |
| Executive Director Expenses | 800.00 | 400.00 | 400.00 | - |
| Equipment | | 500.00 | (500.00) | |
| Race / Competitive / Event | 108.17 | - | 108.17 | |
| TD Technical Delegate | 2,050.28 | 400.00 | 1,650.28 | _ |
| Meeting | 231.01 | 1.000.00 | (768.99) | 116.04 |
| Office | 2,365,79 | 919.00 | 1,446.79 | 1.319.25 |
| Bookkeeping & Accounting Expenses | 2,093.00 | 1,500.00 | 593.00 | 1,764,98 |
| Gifts & Awards | 5,467.62 | 1,500.00 | 3,967.62 | |
| Bank Charges | 369.09 | 175.00 | 194.09 | 312.50 |
| Amortization ASNS | 4,335.12 | - | 4,335.12 | 6,032.12 |
| Website | 395.83 | 500.00 | (104.17) | 475.00 |
| Club Support | 9,815.51 | - | 9,815.51 | - |
| Marketing & Communications | 300.00 | 1.0 | 300.00 | |
| Legal / Professional Fees | - | | | 5,424.00 |
| | 136.804.28 | 58,298.00 | 78,506.28 | 116,687.70 |
| CADS | | | | |
| NSO Membership | | _ | _ | 66.00 |
| Coaches Courses etc | | _ | | 1,010.64 |
| Equipment | - | - | | 410.44 |
| Manager / Program Coordinator | 725.00 | | 725.00 | 500.00 |
| Meeting | - | | | 132.60 |
| Bank Charges | 47.10 | _ | 47.10 | 58.50 |
| Amortization CADS | 3.430.84 | | 3,430.84 | 1.245.38 |
| Website | 137.67 | _ | 137.67 | - |
| Marketing & Communications | | | | 310.00 |
| Amortization CADS Building | 391.00 | | 391.00 | 391.00 |
| , | 4.731.61 | - | 4,731.61 | 4,124.56 |
| High Performance | - | | | |
| NSO Membership | 1,196.00 | _ | 1,196.00 | |
| NSO Championships | 33,968.62 | 2,000.00 | 31,968.62 | _ |
| Bank Charges | 7.50 | | 7.50 | 58.50 |
| Technical Director | 8,000.00 | 7,000.00 | 1,000.00 | 5,000.00 |
| | 43,172.12 | 9,000.00 | 34,172.12 | 5,058.50 |
| Freestyle Ski | 10,112.12 | 0,000,00 | +4 | |
| · · · · · · · · · · · · · · · · · · · | | | | - |
| Freestyle Ski High Performance | | | | |
| | | - | | - |
| Total Expenditures | 184,708.01 | 67,298.00 | 117,410.01 | 125,870.76 |
| Surplus (Deficit) for period | (1,687.39) | 12,702.00 | (14,389.39) | 21,899.57 |
| | 1.1.511007 | | 1 | |

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City: Halifax, NS Date September 20, 2022

Sport Nova Scotia



| | Ski Nova | a Scotia Budget | |
|---------------------------------------|-------------|--|-------------|
| Revenue | 2022-2023 | Expenses | 2022-2023 |
| PNS - Block Funding | \$17,500.00 | Executive Director Compensation & Benefits | \$30,254.28 |
| Support 4 Sport Participation Funding | \$8,000.00 | Executive Director Cell Phone | \$400.00 |
| Club Membership Fees | \$45,000.00 | Office Rent | \$425.00 |
| Coaching (Courses/Clinics) | \$12,500.00 | Office Expenses | \$250.00 |
| NSPPI - High Performance Funding | \$2,000.00 | Administrator | \$5,000.00 |
| | | Registry of Joint Stock Companies | \$35.00 |
| CADS-NS Account | \$6,000.00 | Sport Nova Scotia Membership | \$259.00 |
| | | Alpine Canada Alpin Membership Fees | \$18,500.00 |
| Grand Total | \$91,000.00 | NSO Insurance | \$6,000.00 |
| | | Coaching (Courses/Clinics) | \$8,000.00 |
| | | Director of Coaching | \$5,000.00 |
| | | Officials (Courses/Clinics) | \$500.00 |
| | | Meetings (Room Bookings, Software) | \$750.00 |
| | | Awards | \$500.00 |
| | | Marketing & Clothing | \$2,500.00 |
| | | Technical Delegate Fees | \$800.00 |
| | | Sport NS Bookkeeping & Accounting | \$1,750.00 |
| | | Website | \$400.00 |
| | | Bank Fees & Charges | \$350.00 |
| | | NSPPI - Technical Director | \$8,500.00 |
| | | CADS-NS Account | \$6,000.00 |
| | | Grand Total | \$96,173.28 |

WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8 www.wentworthracing.com



WSRC's 2020/21 Season Report for Ski NS AGM

2021 was a year of change and uncertainty for most organizations, sports, and families globally as a result of COVID-19. For the members and athletes who were able to participate in club activity, it was a season to feel extremely fortunate. While the inability to travel to other places to compete and connect with fellow racers and friends around the region caused some feelings of disappointment, our athletes were able to make the most of what Ski Wentworth has to offer. In my first year as President of WSRC, I was incredibly proud of the work our coaches, volunteers, officials, program coordinator, and committed board members were able to accomplish. While I'm extremely saddened for the members and athletes who were unable to participate with our club this season, we are all looking forward to having you re-join us next season.

<u>Registration</u> This year, WSRC opened registration in July of 2020. We have continued to see an increase in our number of registrations up YoY from 124 to 142 (+15%). Unfortunately, some of our members were unable to participate with us this season as a result of the restrictions imposed by COVID-19. We look forward optimistically to the 2021/22 season with anticipation of continued growth and COVID restrictions behind us.

| # of Athletes |
|---------------|
| 37 |
| 41 |
| 31 |
| 13 |
| 7 |
| 2 |
| 131 |
| |

^{*} Not included - 11 athletes hwo were unable to participate due to COVID restrictions

Officials Despite the challenges COVID-19 restrictions imposed, WSRC successfully hosted 3 events this season. Led by our Director of Officials, we had an engaged and competent group of officials and volunteers to support the events. To help support further role clarity for future volunteers and officials, our Director of Officials has developed an officials handbook with descriptions of key responsibilities for each official role.

Recipient of Sport Nova Scotia 2017 Association of the Year Award















WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8 www.wentworthracing.com



Coaching All 30 WSRC Staff were Licensed for 2019-20:

Regular weekly Staff:

- 1 PL Advanced Certified
- 3 PL Certified
- 2 DL Advanced Certified
- 4 DL Certified
- 2 DL Trained
- 2 EL Certified
- 11 EL Trained

WSRC had 5 Substitute Coaches:

5 - EL Trained

Despite the restricted season, WSCR coaches still managed to accomplish a significant amount of Coach Education:

- One Coach finished their DL Advanced certification
- All of our EL trained staff did their first of two on-snow reviews with their ACA Mentor
- Younger coaches were partnered with more senior staff and involved in setting drills and courses each training day.
- Six of our staff were newly trained EL Coaches

External Linkages WSRC continues to focus on its external linkages within the Atlantic Canada ski racing community. We would like to acknowledge the ongoing support and collaboration with Ski Wentworth and its employees. This past season necessitated strong collaboration, communication, and flexibility and we are incredibly grateful for the support we received. We also acknowledged the ongoing support Ski Patrol contributes to our events and member experience with a \$500 donation. We would also like to thank Ben Eoin Ski Team, Martock Ski Race Club and SKINS for your collaboration this season as we collectively tried to navigate the evolving COVID-19 environment.

<u>Fundraising</u> WSRC held several successful fundraising events: Aerobics First Twelve Hours of Wentworth Ski-a-Thon, Java Moose Coffee Fundraiser, Rafflebox and a Photo fundraiser supported by Cooked Photography. We would like to formally thank all of our volunteers and members who made these initiatives successful. We would also like to express a special thank you to all of our current sponsors, OK Tire, TD Wealth, Maple Leaf Homes, Ellis Don, MacLellan Moffatt Health Insurance, Eastlink, and Cooked Photography.

Recipient of Sport Nova Scotia 2017 Association of the Year Award

TD Wealth

Health Insurance











WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8 www.wentworthracing.com



<u>Additional Funding Sources</u> WSRC was able to leverage several sources of funding this past season. We were successful in obtaining a grant from the Sport Fund COVID-19 Recovery Program, a one-time initiative intended to help offset some of the increased expenses incurred. We also applied and received access to funding via the Canadian Emergency Business Account. Finally, SKI NS was instrumental in helping support the purchase of enhanced timing equipment for the club with a \$2,500 contribution.

<u>Camps at WSRC</u> Despite our best efforts, we were unable to attend pre-season camps out of province this season due to travel restrictions. However, we were able to host two successful camps in early January pre-programing, and during March Break. Additionally, as a result of fewer race events and travel this season, we held a record number of additional practice days for our athletes to continue to build skills and enjoy their love of the sport. Thank you to our coaching staff and Ski Wentworth for their flexibility in providing these additional opportunities for our athletes.

Races WSRC was able to host 3 successful races this season including attendance at Martock's event. Due to the restrictions in place we did not have participation from athletes outside our province. However, we continued to have strong participation from members of our own club and other clubs in NS. Thank you to all of our members, volunteers, officials, coaches, Ski Wentworth, sponsors, and Ski Patrol for contributing to the success of these events.

| Race Event | # Athletes |
|----------------------|------------|
| Martock | 17 |
| Slingshot | 143 |
| Dave Wilson Memorial | 48 |
| Byrne Memorial Race | 43 |

This season, in lieu of hosting what was supposed to be the 50th Anniversary of the Rolland Brunner, we opted to dedicate this year's event to the late Dave Wilson, a significant advocate for our club and ski community at large. Thank you to the organizing committee who led and supported an amazing event!

We would also like to acknowledge the positive contribution of our Timing Officials and the NEW timing equipment purchased this season. The investment in new technology and equipment greatly enhanced the overall race experience for all involved. Thank you!

Recipient of Sport Nova Scotia 2017 Association of the Year Award















WENTWORTH SKI RACING CLUB

PO Box 307, 610 Wright Avenue, Dartmouth, NS B3B 0H8 www.wentworthracing.com



End of Season Survey WSRC continues to solicit feedback from its members on an annual basis. This season we received 55 responses representing 85 athletes. The feedback was very positive and we are very proud of the members' sentiment towards the program and the value it delivers. We continue to examine the constructive elements shared and we are committed to continued change to evolve with the needs of our membership. Thank you to all members who completed the survey. Your feedback is really important to us.

| Question | Strongly Agree | Agree |
|--|----------------|-------|
| 1. I view the WSRC program in a positive manner. | 69% | 31% |
| 2. My child has received the benefits of the program that I expected. | 62% | 38% |
| 3. The program is well managed. | 51% | 45% |
| 4. Program issues are brought forward and resolved in a positive manner. | 35% | 40% |
| 5. There are adequate recreational, competitive, and social event opportunities. | 44% | 40% |
| 6. Coaching staff are well trained and approachable. | 55% | 38% |
| 7. I would recommend the WSRC to a friend. | 67% | 30% |
| 8. The quality and mode of communication has met my needs. | 53% | 44% |

In closing As we lead into the summer, plans for the 2022 season are well underway and our hope is that next season meets the expectations of all of you. On behalf of myself and the full board, we want to extend a sincere thank you for your patience, understanding and flexibility this past season and your continued support of our club. Enjoy the summer – stay tuned for activities being planned in the off season – and I look forward to seeing you all in Wentworth next season!

WENTWORTH SKI RACING CLUB

Bruce Young President

Recipient of Sport Nova Scotia 2017 Association of the Year Award















BEST Presidents Report 2021-22

Enrolment

The Ben Eoin Ski Team had basically the same number of athletes from the previous year. The largest increase was seen in the U12 category.

• U18 National Card: 2 (increase 1)

• U16 National Card: 2 (no change)

• U16 Recreational Card: 0 (decrease 3)

U14 National Card: 4 racers (increase 2)

U14 Recreational Card: 1 racer (decrease 1)

• U12 Recreational Card: 14 racers (increase 5)

U6/U8/U10 Recreational Card: 11 racers (increase 1)

Masters and University: 0 (no change)

General Members, Coaches: 10 (no change)

Administration

- The BEST executive and board continue to implement systems and structures to manage the club, coaching and communication.
- Over the last several seasons we have added a "Communications Director" which has
 greatly increased our messaging to parents and athletes. This position has expanded
 into a secretary position on our executive.
- Tyler Kaupp stayed on as Club President.
- Shawn MacDougall was added as Vice President
- Jennifer Giorno was added as Secretary (see above)
- Richard Ranni was added as Treaurer
- Many of the board member positions stayed the same.
- Tyler Kaupp is entering his final season as President of the BEST and will not be reoffering after the 2022-23 season.
- Ski Ben Eoin continues to be an excellent partner and host to BEST throughout the year
 providing lane space, and facility access. Darcy MacDonald was great to work with and
 was open to many of the ideas brought forward by the Ben Eoin Ski Team
- BEST continues to have conversations about building its website to help with registration and the flow of information between parents, coaches and board members.
- The executive and volunteers of the BEST consist of a great group of people who are engaged, motivated and optimistic about the future of ski racing at Ben Eoin.

Supporting Growth

- BEST purchased and utilized a new Timing software for our race. We were grateful for the help from Wentworth in getting us started and educated with Split Second Timing.
- BEST was once again generously supported through major sponsorship by Ski Ben Eoin
 and Wilson Home Hardware. A New Sponsors brought on board this year was Island
 Cabinet Shop. This fall, we will be evaluating the sponsorship for our team to look for
 new opportunities.
- BEST continues to use a wireless timing system for training purposes. Each year we
 purchase timing chips for our athletes to use with this system (Freelap Timing). General
 consensus from coaches and athletes is very positive.
- BEST purchased 20 Barry Poles and 5 rolls of B-Netting. Unfortunately, it arrived quite late in the year, but the new rolls and repaired rolls will be ready for the 2022/23 season.
- BEST will be purchasing some other equipment this fall such as drill bits and GS panels.

Pre-Season

- Our pre-season was different than previous years and focused mainly on the U14+ groups.
- We managed to get in a few in-person sessions, but the majority was done virtually with Roger Hardy coordinating exercises for those athletes.

Calendar and Training

- The 2022 race season was a lot different than the 2021 season. Many of our U14+ athletes were able to get away to Wentworth and participate in several races.
- Training was well attended by all athletes with the majority of the racers registered for the Saturday and Sunday training. We also had several U14+ and a couple U12 racers registered for the High-Performance Program with Roger Hardy as coach. These racers attend additional training on Tuesday and Wednesday evenings.
- The U14+ group spent some time at Ski Cape Smokey throughout the year for some additional GS/Super G training.
- Along with the Jerry Giorno Memorial Race, BEST held separate race events this year for our athletes. These events allowed the racers, new coaches and parents to gain valuable experience. We set the races up similar to how any AAA race would be run.
 We had a half-dozen or so new parents to the team this year who all felt these races were a great opportunity to learn especially when it came to putting up B-Netting, hauling gates, timing gear, etc.

- These races also proved to increase competition between individual racers as they
 pushed each other throughout the season. We awarded points for each race and gave
 overall medals at the end of the year based on how the athletes performed through all
 the races.
- BEST continued with its coaching strategy this year in which we divided the younger groups based on Snowstars level. This, for the most part, proved very beneficial to the younger racers and also the coaches. The racers of similar skill level were able to learn faster and concentrate on skills as a group as opposed to having several different skill levels with the same coach. This also benefited the coaches, in that, they could focus on one lesson plan for their entire group instead of trying to accommodate several different skills set in one lesson. We saw big improvements across all three groups with the most obvious being in the Snowstars level 1 and 2-4 groups. We were able to identify when a newer racer was able to move into a higher-level group which gave the athletes something to strive for.
- We removed the one-day option for our program and increased our fees slightly for the 2021-2022 season.

Coaching

- Roger Hardy continued to coach the U14+ athletes as well as the High-Performance Program. He was helped by Shane Kaiser.
- Kevin Elworthy continued to help out with the U12 athletes and offered his expertise to new coaches
- Andrew Giorno and Aaron Wilson were back coaching the middle group. Their energy and passion for the sport was perfect for the U12/U10 group they coached.
- We were happy to have Maggie Wilson and Nick Richards as new coaches this year. We
 were sad to see them "retire" from racing, but extremely happy to have them as part of
 our coaching staff.
- Ryan Dunphy was back coaching in the U10 group as well as Katja Seufert who was the lead coach for the youngest group. Katja will be leaving us after this season as her son Eric plans to move on from the ski racing sport.
- We continue to try and get more of our parents involved in taking some officials courses
 to help with our race weekend. We have two individuals within our organization with
 level 3 official's courses and a few more who took the Level 2 course offered virtually
 throughout the season.

BEST Race

The 2022 ski race season saw the return of the Jerry Giorno Memorial Race to Ski Ben Eoin. The race was well attended by U14+ athletes from both Martock and Wentworth. We were unable to have the ski cross due to lack of snow and deteriorating conditions, but held a 2-day Slalom event on Saturday and Sunday on Eagle.

We also held a race for U12 down athletes which was attended by racers from Ben Eoin as well as some additional racers from NS clubs including a racer from Ski Cape Smokey.

We were all very happy with how well the race was run. After an almost 2-year absence with many new parents and volunteers, the Crew at BEST and Ski Ben Eoin did an amazing job pulling this race off. I am very proud of how well our small club and community come together to make this race happen.

Kindest Regards,

Tyler Kaupp President, Ben Eoin Ski Team



Technical Directors Report

Intro

The 2021/22 season saw yet another year of Covid related challenges thrown our way. Namely, restrictions on competition in sport. As a result, we had to juggle the calendar and our criteria constantly throughout the season. With the help of the members of the HPP Committee, members of club boards, Andrew Hayes, and some very agreeable hill management teams, we were able to not only pull off a legitimate race calendar, but also implement our selection criteria for U16 Nationals and U14 Can-Ams successfully.

We were also able to work well with our fellow AAA member provinces to divvy up the quota for U14 Can-Ams in a fair manner and make sure that the Covid restrictions between provinces did not prevent us from finding a fair and effective way to select athletes for that event.

With that being said my report will highlight our successful race calendar, U16 Nationals, U14 Can-Ams, major steps taken, offseason initiatives, the upcoming season, and next steps in our High-Performance journey.

2021/22 Races

Ski NS, with the incredible contributions of our member clubs, was able to hold a total of 7 race events, encompassing all levels of racing. For U14 and up we had 4 total races. For U12 and down we had 3 race events. For the U12s and U14s we had one event just for them. And lastly, for the U14s and U16s we had a time trial event. These events included:

- Slingshot WSRC
- GS and Dual Event U12 Down MSRC
- The Dave Wilson Memorial (In lieu of the 50th Rolland Brunner) WSRC
- The Team Atlantic Cup WSRC
- The Gerry Giorno Cup BEST
- GS Time Trial WSRC
- The Byrne Memorial Cup WSRC

These events equated to 1 Kombi, 1 Dual, 6 Slalom, 6 GS, and 2 SG. That is fantastic all things considered!

I cannot thank the clubs enough for all of their hard work to not only make these events happen but to make them go off without a hitch. We had some very long days on the hill in order to get the athletes the number of starts that they deserved, and this could not have been done without the hard work of the clubs and their volunteers.

U16 Nationals

Part of why we had to jam so many starts into such a truncated calendar was to provide our athletes with a reasonable number of starts for us to fairly select a team for major events. The first of these being U16 Nationals. This was also the first year for our revised selection criteria using World Cup Points. Thanks to Tim Hilton we were able to implement this new system flawlessly, and it produced a very fair and simple system of qualification that rewarded consistent performance in the current season.

The event was held at Mont Tremblant QC. We sent a team of 5 females and 5 males to the event along with a staff of three coaches. We were able to send a third coach thanks to a contribution from Ski NS. This third coach was a big plus for both athletes and staff. 10 athletes at home is easy with 2 coaches. At a major event on the road, it is a huge help to have a third coach present. I am hopeful that we can continue this practice in the future. It also increases the odds that all athletes on the team will have at least one of their coaches at the event, if coaches from each club are available to go.

Results were not quite what we had hoped for at this event. I don't want to make excuses as I do believe our athletes will reflect upon their approach to this event and realize that they could have done more to give themselves the best chance of skiing to their potential. However, this being the first national event for almost all athletes on the team, due to two years of cancelled national events, certainly played a role. It is extremely intimidating to attend one of these events for the first time. There is a lot going on, and a lot to take in. It is encouraging that the majority of athletes in attendance for NS were first years, meaning they now get another shot at national events with this experience under their belts.

I am also hopeful that by reducing the number of selection races (I will elaborate in the discussion of our own quota) we will open up the calendar for our club programs to plan out of province training and racing events. These opportunities could provide the exposure to higher levels of competition that our athletes so desperately need to be able to perform better at major events. It is very difficult to go from only ever racing in AAA races, to the national stage. The psychological aspect of performance in our sport cannot be understated.

Lastly, I think more needs to be done to ensure that athletes who qualify for major events, continue training as much as possible right up until said event. Last year we had a number of

athletes make the team for U16 nationals, and then go on March break trips, some of which were to tropical destinations. There were athletes at U16 nationals who had not skied in 3 weeks leading up to the event. That is simply unacceptable and certainly not a recipe for success. While I recognize that families like to go on trips for march break, a certain level of commitment needs to be expected of both athletes and their families if they wish to compete at a national level. We are not that far behind the big 4 provinces, but we certainly do not help ourselves by taking 2-3 weeks off snow leading up to national events. Our competitors in the other provinces are putting in 2-3 weeks of 4-6 days per week on snow leading up to these events. That math simply does not work out. Given our lack of academy programs, we need to maximize our opportunities to train while athletes are on breaks from school. This needs to be a focus this year and something that we push from both the club and PSO levels.

I recommend that we place some sort of stipulation in the criteria for these events this season that the athletes will train during the period between naming of the team, and the event itself. This could take the form of club training/ March break camps, private camps elsewhere, or potentially a Ski NS project camp with the team coaching staff (although this could prove logistically difficult as many of those coaches who would go will be already committed to club activities during that time). Whatever we settle on, I think it is paramount that we stipulate the athletes who plan to attend national events put in the necessary work to reach their potential and represent our province to the best of their abilities.

U14 Can-Ams

I would echo my first paragraph under U16 Nationals for this event. The event was held at Sunday River Maine. We sent 3 Male and 3 Female athletes to this event with one coach. This was a unique year as we were still sharing quota with the other AAA provinces for this event. Normally we would have 10 total spots. However, Newfoundland had obtained their own quota of 4 and only used 2. So, we split 12 spots with NB and used our own selection process for NS. It all worked out great.

I attended this event and I have to say I was very impressed with the preparation, approach, and overall demeanor of the athletes in attendance. We had a mix of first year and second year athletes, all of whom had never been to an event of anywhere near this caliber. They were focussed, worked hard, and had fun. And the results showed. Although I think a few of them did not quite reach their potential, I thought all put forth tremendous efforts and represented NS well. The two first years led the pack in some of the events which is very encouraging moving forward.

Again, I would echo my comments above regarding getting athletes more exposure to higher level events throughout the season. This will help bridge the gap between our lower-level racing in Atlantic Canada and the national caliber racing that we subject these athletes to at the end of each season.

Major Steps Taken

This past year has seen a few major steps taken in NS ski racing. First and foremost is that we have secured our own quota for both U16 Easterns and U14 Can-Ams. We already had our own for U16 Nationals, meaning we are now in total control of our selection criteria for both athletes and coaches for all of the major events on the calendar each year. We now have 8 spots for U16 Easterns and U14 Can-Ams. This means we will be exposing more NS athletes to national level competition each year than we have been while sharing 10 spots with 3 other provinces under the AAA regional team format. This is a really, really important step!

As I alluded to earlier, having control over our own selection criteria means that we do not have to put every AAA race on the calendar as "qualifiers". Thus, we have reduced the number of races which clubs and athletes feel they "have" to go to each season. It also ensures that we can support all NS club events each year without worrying about overcrowding the calendar for athletes and clubs. This should allow clubs the space in their calendars to plan out of province training and racing events. Exposure to higher levels of competition, different competitors, and different hills will play a large role in closing the gap between us and the big 4. It also means that each qualifier race has a higher value and will help the athletes mentally prepare to perform on demand, which is precisely what the environment at national events is.

In the same vein, another major step that we took last season was to implement a new (to us) selection criteria for all our major events. We chose to use the World Cup 100 points system. This system allows us to rank like aged athletes against like aged athletes. It also allows us to score our NS athletes against only NS athletes, even when other provincial athletes are in the race. This eliminates a lot of the variables which the National Points based criteria presented. It also ensures that only performances from the current season will have any bearing on who makes a team. It worked flawlessly and we owe Tim Hilton a big thanks for manning the spreadsheets for us all season!

We also implemented a new coach selection process. The new process has clubs put forth coaches who would like to attend respective events early in the season, with the expectation that they will remain available for the event. The final selection of coaching staff is made once the team is selected so that it is as representative as possible of the team composition. We are of course limited to the coaches that are available to go to the events in question, which is always a challenge as we have very few "full time" coaches in our province. However, this is in line with the practices of the big 4 provinces, and it makes it far more likely that the athletes in attendance will have a familiar coach on staff. Additionally, it ensures that coaches who have worked hard all season (and some for many seasons) to help athletes make these teams, get to continue that good work at the biggest events of the year. It is a win/win scenario for all involved.

Para

On the para-alpine side of things we have a rising star amongst our ranks. Hayden Denouden has been invited to work with the Ontario Provincial Para Team this season. Andrew and I met with Hayden's mother Cheyanne along with Ontario Team head coach Shelly Johnston earlier this summer. Hayden has a number of big trips planned including a two week camp in Panorama in December. Hayden will likely get to work with the National Team on some training events this season. This all comes before Hayden is even old enough to qualify for either of those teams. We

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really look forward to watching Hayden progress onto the national stage and have no doubt he will do a fantastic job representing Nova Scotia!

Offseason Initiatives

Similar to last summer, we implemented physical and psychological training programs through CSCA for U16 and up athletes. The Physical Training Program was administered remotely through the Team Bldr App and the Psychological Training Program was administered via 5 zoom sessions with a CSCA sports psychologist. Both went off without a hitch and had decent participation. We had 13 athletes signed on for each. Next season I hope to expand upon these programs.

Upcoming Season

The upcoming season is an exciting one as we hope to be able to implement our race calendar without Covid interruptions for the first time since the winter of 2019. We also have the 2023 Canada Winter Games in Brookvale/Crabbe! These will take the place of U16 Nationals this year. We send 7 of each gender to this event along with 3 staff. For Para we will have Hayden competing along with 2 staff! We will have U14 Can-Ams at Mont Tremblant and U16 Easterns at Mont St. Anne. With 8 athletes going to each I hope we can send 2 coaches to each.

Right now, we have a nearly finalized race calendar with events planned at Wentworth, Martock, and Ben Eion! We will count all of the NS U14 and up events towards qualification for U16 Easterns and U14 Can-Ams. We will also count all races falling prior to CWG for that event.

I look forward to seeing what creative ways the clubs and their programs come up with to fill some of the extra time in the calendar this season!

Next Steps

We are on the right track right now. We have laid the groundwork for some culture changes and are positioned to start implementing some tangible and intangible changes. The enthusiasm and support from the clubs, the members, and the Ski NS board have been key to making this happen and will remain so moving forward.

I am hopeful that on the club end of things we see clubs take advantage of a less populated race calendar to take initiative and get their athletes out of province, on new terrain, and racing against different competitors.

From a PSO standpoint we believe that we will be positioned to start implementing provincial training and racing projects moving forward for the U14, U16 and FIS levels. The first of these which I would like to see come to fruition is a summer training camp. This is a major piece of all the programs in the big 4, and it is something we are really missing out on out here. It is difficult



to get the numbers from one club to make a camp of this nature financially viable so we will look at the possibility of doing a multi club/ PSO project.

Another project which is already in the works is fitness testing. We will offer a spring fitness test which will be optional and then a fall fitness test which will be mandatory for all U14 and up athletes who wish to compete in Ski NS races. There will be testing offered both in mainland NS and on Cape Breton through CBU. For anyone who cannot make the testing date for legitimate reasons we will have an option to test on their own with a coach or parent signing off the results. The testing will be based on the Alpine Canada Fitness Testing Protocol. There will be no pass/fail, but rather an opportunity for athletes to set a baseline for themselves and for us to track progress of our body of athletes in general. More details about this will follow this winter!

Conclusion

I am looking forward to my (hopefully) first somewhat normal winter as Technical Director and to the coming years of post-Covid ski racing, where we can begin to implement more out of province, and even out of country projects. I am encouraged by the growth of the sport in our province despite all of the Covid restrictions the last two winters. I believe we are very well positioned as a PSO and as a group of ski racing clubs to start closing the gap competitively between ourselves and the big 4. These are exciting times for ski racing in Nova Scotia and the next few years will be pivotal in our progression!

Regards,

Michael Byrne

Technical Director Ski Nova Scotia



Coaching Report 2021/2022

In Fall 2021, we had over 40 coaches attend our Coach PD events online due to continued Covid-19 restrictions.

SnowReg still has some outstanding PD events that were never updated in 2020-2021, I am working with ACA to ensure coaches do receive any outstanding credits.

Ski NS Coaching events held with number of successful candidates in 2021-2022:

Entry Level (EL) Events: Wentworth - 4 Martock -5 Ben Eoin - 4

Smokey - 5 Wentworth - 4

Total: 22

Development Level (DL) Event:

Wentworth - 4

We also have 2 newly certified FL to deliver Development Level DL courses in NS.

We also received some welcome support from ACA and SnowReg for the upcoming 2022/2023 season, which will help all of us navigate the coaching pathways and tracking system for Coach Education.

Thanks to Andrew Hayes, the Ski NS Board of Directors and the Ski Nova Scotia Clubs for the support shown to me and the Coach Education portfolio.

Respectfully yours,

Joey



CADS Nova Scotia End of Season Report - 2021-22

Background

Canadian Adaptive Snowsports (CADS) Nova Scotia is a provincial division of CADS which strives to give people living with disabilities the opportunity to eliminate barriers that have prevented them from experiencing Snowsports in a fun and inclusive environment that embraces diversity in an accessible community that treats each individual with respect. This includes individuals with visual impairments, physical impairments, cognitive impairments and everything in between. CADS Nova Scotia delivers this by providing CADS members with lift passes, adaptive equipment, and lessons delivered by trained volunteers in conjunction with resort partners across the province including Ski Martock, Ski Wentworth, Ski Ben Eoin, and Ski Cape Smokey. The 2021-22 season was conducted during the global COVID-19 pandemic which impacted CADS Nova Scotia's operations. Our partner resorts required Proof of Vaccination, the wearing of face coverings, and were operating at limited capacity in order to keep all quests safe during the season. Thankfully, all resorts exempted CADS participants from the capacity restrictions in order to reduce the barrier to participation that comes with having to pre-book lift tickets and equipment rentals. As well, CADS Nova Scotia continued with the rollout of the Skiportal system, and were able to utilize the new Countdown training that was rolled out by CADS NAtional for the 2021-22 season.

Weather was a significant barrier this winter as the majority of Saturday's throughout the winter had inclement weather events that lead to our partner resorts closing for the day. This led to the cancellation of a significant number of lessons, as without these cancellations, completed lessons would have been closer to 100-120 versus the 70 that were actually completed. A partnership with the Annapolis Valley Chapter of Autism NS this winter led to a significant increase of participants.

Stats

- CADS Nova Scotia ran 70 lessons for students in the 2021-22 season across Martock, Ski Wentworth and Ski Ben Eoin. This includes;
 - 15 sit ski lessons.
 - 15 snowboard lessons.
 - 40 ski lessons.

- CADS Nova Scotia had 28 certified instructors registered in the 2021-22 season.
 This was a slight decrease from 2020-21
- CADS Nova Scotia had 2 uncertified volunteers registered in the 2021-22 season.
- CADS Nova Scotia had 29 friends & independent members registered in the 2021-22 season.
- CADS Nova Scotia had 116 students registered in the 2021-22 season. An increase of 30 from 2020-21.
- CADS Nova Scotia ran no Level 1 Ski or Snowboard Instructor Modules in the 2021-22 season.
 - This was due partly to limited availability from the Course Conductors available in the province, and partly due to the regular inclement weather mentioned above.

Processes

For the 2021-22 season, CADS continued using the Skiportal registration system. All registration and scheduling was done on this platform. The process for students to register and book lessons was;

- Student visits skiportal.org and registers for a student membership.
- Students complete the lesson request form on Skiportal.
- CADS-NS Program Coordinator emails volunteers to determine coverage for requested lessons weekly
- CADS-NS Program Coordinator matches available volunteers and students requesting lessons on Skiportal and schedules lessons weekly.
- CADS-NS Program Coordinator sends confirmation email for scheduled lessons to students & volunteers with where/ when/ how, etc.
- CADS-NS Program Coordinator emails any lesson requests that were unable to be matched with a volunteer with an update.

Based on recommendations from last season, there were 5-6 regular participants who were scheduled regularly with the same volunteer all winter to eliminate the need to repeatedly confirm every week.

Challenges

There were a few challenges CADS faced throughout the 2021-22 season including;

- The COVID-19 pandemic.
- Some past students taking the year off due to the COVID-19 pandemic.
- Being unable to offer programming for students if they could not follow our partner resort's COVID-19 protocols, namely wearing a mask at all times on the hill.
- Shortened season due to poor weather and snow conditions. The 2021-22 season was approximately 70 days long versus 90-100 in a regular season, and a large number of prime weekend days had the resorts closed due to inclement weather.
- A lack of sit ski certified volunteers leading to a large number of sit ski students being unable to get out for lessons.
- The inability to train & certify new volunteers due to limited Course Conductor availability and weather.

Accomplishments

Despite the challenges faced throughout the season, CADS Nova Scotia also had multiple accomplishments during the 2021-22 season including;

- CADS Nova Scotia maintaining the number of lessons undergone with students from 2020-21 to 2021-22 despite losing almost half of lesson days due to weather.
- CADS Nova Scotia saw an increase in active students from 80 to over 110.
- Increasing the number of sit ski students able to get out compared to 2020-21.
- Increasing snowboard participates compared to 2020-21.
- Increasing the work with partners such as Autism NS.
- Roll out of a CADS-NS website based on recommendations from 2020-21.

Recommendations

Based on the challenges and accomplishments from the 2021-22 season outlined above, the following recommendations are being made for the 2022-23 season;

- CADS Nova Scotia should run 2-3 full level 1 certification courses for volunteers at the beginning of 2022-23 at Martock and Ski Wentworth in both ski & snowboard to train a larger volunteer base for sit skis, VI & ¾ track students.
- In order to be able to run this many level 1 courses, we need to create a long term plan to increase the number of Course Conductors in the Province. At present there is 1 snowboard course conductor, 1 ski course conductor, and 1 ski & snowboard course conductor. With that being said, availability across all 3 course conductors has shown to be extremely limited over the winter months due to their full time work commitments, so increased capacity is needed.
- Due to the nature and experience needed to volunteer with sit ski students, CADS Nova Scotia should provide additional weekly sit ski training and/or mentorship for interested level 1 sit ski instructors at the beginning of the season to allow them to practice and gain experience tethering and bucketing sit skis in order to be able to take out students later in the winter. These two steps will work to address the current challenge of limited sit ski volunteers.
- CADS Nova Scotia should continue to recruit volunteers from nearby post secondary institutions such as Acadia University, Saint Mary's University, and Dalhousie University. This proved successful in growing our volunteer base in 2020-21, and will allow CADS Nova Scotia to market and grow our student base since we now have the volunteer base to handle more students.
- Increase the awareness of the path to enter the competitive Para streams with Nova Scotia Snowboard and Alpine Nova Scotia since we can integrate potential athletes into CADS programs to learn the basics before moving on to competitive streams.
- CADS Nova Scotia should work with our resort partners to designate specific CADS Nova Scotia meeting areas for lessons. This could include purchasing CADS Nova Scotia flags to designate meeting spots to ensure easy and obvious meeting locations for CADS activities. As well, CADS volunteers should be provided with jackets, pinnies or some sort of alternative identifying clothing so that they are easy to identify for students. This will all contribute to a more streamlined and professional look for the program, and make the start of lesson easier for first time participants.

Sport NS Parasport Coordinator
Zachary Dickson
parasport@sportnovascoita.ca





Ski Nova Scotia Board of Directors 2022-2023

<u>President</u> John Boudreau

Past President

Leslie Henderson

Treasurer & Vice-President

Tim Hilton

<u> Director - Coaching</u>

Todd Johns

Director - Officials

Kyle Enders

<u>Directors - Member Club Representatives</u>

Ben Eoin Ski Team: Tyler Kaupp Martock Ski Race Club: Tim McLeod Ski Cape Smokey: Lisa MacKinnon Wentworth Ski Race Club: Shaun Stiles

Directors, Members at Large

Greg Zwicker Mark Fraser



Ski NS Open Awards - 2021/2022

Official of the Year: Mark Oakley

Volunteer of the Year: Tim McLeod

Sponsor of the Year: Paul Bowie Trust

Coach of the Year: Gregor Byrne



Ski NS Athlete Awards - 2021/2022

U12 Female: Rachel Healey

U12 Male: Cal Macdonald

U14 Male: Sascha Raven

U14 Female: Caitria Sommer

U16 Female: Ella Oakley

U16 Male: Sutton Healy

U18 / U21 Male: Shane Sommer

U18/U21 Female: Sarah Doody