



2020 U16 NATIONALS COACH SELECTION ANNOUNCEMENT

2019 U16 Nationals

March 9th-15th, 2020 at Sun Peaks, British Columbia

Alpine Events:

Super G, Giant Slalom, Slalom & Ski Cross

Submission Timelines

- January 6th, 2020-Coach Application Submission Deadline by coach to respective PSO:
 - Expression of Interest with cover letter
 - Current CV
 - Submission of Criminal Background check, Vulnerable Sector Check, Child Abuse Registry Checks
- January 24th, 2020-Coach Selection Announcement

Coaching Positions:

Coaches who are in good standing with the Canadian Ski Coaches Federation (CSCF) will be considered for the following coaching positions provided they have the appropriate certification:

- **Head Coach**
Only Coaches who hold *Development Level Certification* will be considered for the Head Coach Position
- **Assistant Head Coach**
Only Coaches who hold *Development Level Trained Certification* will be considered for the Assistant Head Coach Position
- **Additional (3rd) Coach**
Young/New Ski NS Coaches who hold *Development Trained Certification* and demonstrate an interest in coaching at the Performance Level will be considered for this Development/Mentorship Coaching Position.

Coach Selection Committee

Ski NS will delegate a Coach Selection Subcommittee who will interview all eligible coach candidates. The subcommittee will make recommendations to the Ski NS Board for final selection. Ski NS reserves the right to select coaches based on, but not limited to:

- Coach certification;
- Coach Experience at National Level Events;
- Coaching Experience with U16 age group;
- Gender Representation without compromising certification/experience of selected coaches;
- Club Representation (BEST, MSRC & WSRC) without compromising certification/experience of selected coaches;
- Club Representation based on athletes who qualify;
- Professional Development & Mentoring Opportunities for Coaches
- The commitment to work as a Provincial Team Leader/Team Member in a positive, athlete-centred manner.

Coaches Duties:

Specific safety responsibilities of selected Ski Coaches are;

- To be responsible for the supervision & safety of the Ski NS athletes, both on- and off-snow;
- To carry on them the emergency contact name and numbers & medical profiles (as well as parental permission for medical treatment) of all Ski NS Team participants at all times;
- To establish a formal, written Emergency Action Plan (EAP) which has been clearly communicated to the entire Ski NS team, as well as each person's role in the EAP. Coaches must keep adequate first aid supplies on hand at all times.
- To inspect facilities and equipment before every training session and competition and take steps to ensure deficiencies are corrected immediately, or adjust activities accordingly to avoid the risk
- To ensure that each individual athlete's personal equipment (skis, boots and protective equipment) are properly adjusted and in good condition and meet any discipline rules or regulations
- To use their discretion to stop or withdraw an athlete or a team from any activity that poses unreasonable risks, including stopping a training session or removing your team or your participants from a competition

Other Standard Coaching Expectations are:

- To train/coach the athletes equally;
- Support/oversee with waxing duties;
- Attend all Coaches Meetings;
- Clearly communicate who will be taking any setting opportunities and delegate race day responsibilities accordingly depending on the alpine event;
- Hold daily meetings/de-briefs with the athletes at the end of the day and clearly explain the schedule for the following day;
- Explain to the athletes the seeding criteria that will be used at the event which will be based on athletes National Points in each event;
- To inquire with each athlete what their pre-race day/race day needs are
- To act as a mentor for the athletes (tuning, nutrition, etc);

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- To review the Ski NS Code of Conduct with Athletes & to discipline any athlete who breaches this agreement;
- To travel with athletes while coordinating transportation to the venue as well to and from the airport;

Full Day Honorarium Scale:

Coaching Full Day Honorarium Scale:	
DL Trained	\$150
DL Certified	\$160
PL Trained	\$190
PL Certified	\$200
Travel Day	\$100

Coaches Expenses:

The following coach’s expenses for these team events will be covered:

- travel
- accommodations
- meals
- lift tickets.

Please note that meals will be covered while travelling at the agreed upon daily rate as outlined in the expense form. At the venue coaches are expected to eat with the athletes unless their coaching duties calls them elsewhere (ie coaches meeting). Coaches are also expected to share a room with coaches of equal gender (coaches of opposite gender may share at their discretion). Coaches may only share a room with an athlete(s) where the athlete is a son or daughter.

Please use the expense form on the following page to submit all expenses.

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TOTAL:						
Signature:						
Date Submitted:						